

KINDRED Spirit

21st Anniversary Awards

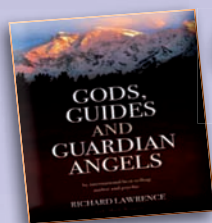


Twenty-one years ago, inspired by the 'The Harmonic Convergence', *Kindred Spirit* was 'born' to offer a platform to serve natural wisdom and higher truths. Since our very first issue, published in the winter of 1987, the magazine has featured all kinds of discoveries, whether they be in the field of spirituality or physical health and well-being or revelations concerning the inner workings of the human mind. We take painstaking care to ensure each issue is both accurate and beautiful, for in the often hard-nosed world of publishing, we believe that care is a necessary ideal to maintain, and for us each magazine is a gift to those who are reaching for their highest potential. The name of the magazine is *Kindred Spirit*, in the singular, for each person stands alone in their individuality; we can and do come together to share our experience, but for us, human potential is reached one person at a time. We are delighted to announce the Readers' Choice of those who share our vision, leading the way in their respective fields of enlightenment, and we are thrilled to honour their achievements.



The Spirituality Book

Books covering aspects of spirituality and inspirational writing published in 2007. Fiction or non-fiction.



1 Gods, Guides & Guardian Angels

Richard Lawrence, O Books.

From developing psychic powers and channelling poetry to revealing our cosmic heritage, this book speaks about it all from a very personal, honest perspective. Popular because it does not preach but merely shares the ideas of a man still eager to learn and pass on his findings in a language that is unpretentious and easy to digest. It is enlightening, thought-provoking and often humorous, touching everyone who has read it. You are left with a sense of hope and a desire to learn more about what our existence (life and death) has to offer.



2 Sage-ing While Age-ing

Shirley MacLaine, Simon & Schuster.

This candid account of one woman's incredible life driven by her desire for truth strikes a chord with all those who are both intrigued by her iconic status and those who see her first and foremost as a natural-born seeker. Another best-seller.



3 The Divine Matrix

Gregg Braden, Hay House.

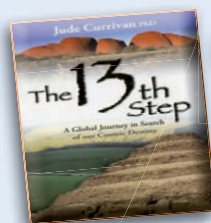
Many who nominated this book were taken to the edge and then beyond, discovering a quantum world that pushed through the boundaries of science. A truly mind-expanding read, we honour a man who is not afraid to put his beliefs in writing and let the readers decide.

34 kindredspirit



The Personal Development Book

Psychotherapeutic, motivational and self-help books published in 2007. Fiction or non-fiction.



1 The 13th Step

Jude Currivan PhD, Hay House

Taking part in Jude's journey across the globe we are given a master class in such a wide selection of matters of spiritual importance that this novel doubles as an encyclopaedia as well as a great adventure story. From the history behind some of the world's most sacred sites to the wisdoms behind our ancestral teachings, this book enriches the reader on many different levels. We learn about Jude and, through her experiences, about ourselves and our purpose in this life. A most enriching read that inspires and encourages the reader to discover their true calling.



2 A map to God

Dr Susie Anthony, O Books

This is a 'self-help' book with a map, a compass and a personal trainer to facilitate your spiritual transformation. Judging by the feedback it has had a profound impact on many lives. Susie leads by example, her life unfolding like a living template for the four key stages of development detailed in this work. No wonder so many await the sequel.



3 The Heart of All Knowing

Barbara Meikeljohn-Free, O Books

This first novel by Barbara resonated with the tribal ancestry in all of us. Full of practical guidance, empowering exercises and true pearls of wisdom, the love Barbara has cultivated for herself and all other living souls permeates through every page, making this a favourite for many.



The Complementary Health Book

Books covering any aspect of alternative and complementary medicine and practice and all forms of bodywork published in 2007.



1 The New Encyclopaedia of Flower Remedies

Clare G. Harvey, Watkins

Many referred to this as their 'healing bible', and praised the clarity of information and 'stunning' imagery. An amazing collection of descriptions, explanations and remedies right through to advice for practitioners, a list of further reading and very useful case studies. The generosity of information is a true reflection of the author's good intention to help others to heal using nature as our treasure chest.



2 Gems of Wisdom, Gems of Power

Teresa Kennedy, Marlowe & Company

Providing easy to digest text, grouped according to the stones' primary purpose, and clear imagery this entry proved popular for its blend of the geological and mystical importance of these offerings from within the earth. Dotted with interesting facts and anecdotes, this was praised for its literary value as well as a guide to health and healing.



3 The Secret Language Of Your Body

Inna Segal, Blue Angel Gallery

It was the overseas vote that got this entry into the bronze position, only published in the UK in Feb. 2008. So passionate were the voters that we are confident this book, based on intuitive healing by listening to the body, will become one of the UK's fastest selling MBS books.



The Life Transformation Award

This category encompasses workshops, courses, seminars or retreats that have changed your life.



1 Consciousness Development Program

International Academy of Consciousness

This course presents a theoretical framework to understand out-of-body experiences (e.g. astral travel), related psychic phenomena (e.g. karma, clairvoyance, premonition) and its implications for our personal growth. Current and former students singled this course out as a significant turning point in their lives. We received more votes for this nomination than any other category. We congratulate the Academy for proving such a positive influence in so many people's lives.



2 Angel Therapy Practitioner® Course,

Doreen Virtue

This nomination received the highest proportion of votes from existing practitioners, who claimed that adding Angelic Therapy to their services not only enhanced their appeal to a wider client base but also improved the success of their existing services. As one reader put it, 'I no longer work alone, I have the Angels for support'.



3 The Way of Shamanka, Shamanka

School of Women's Shamanism

Women from all ages and backgrounds hailed this introductory course as the fundamental event in finding themselves. It was the praise for the course leader and founder, Eliana Harvey, and her knowledge and compassion that made this course the most popular of all the ancestral wisdom courses on offer.



The Gold Company Award

Any corporation or company that has set up or carried out an ethical, environmental or community initiative.



1 The Co-operative Bank

The Co-operative bank fully deserves this award for its ethical and community initiatives. With its ethical policy, launched in 1992 after consultation with customers, it became the first bank to choose which businesses it invested in

on a principled basis, not investing in businesses that operate in areas of concern to its customers. Since 1994 it has donated more than £4 million to over 80 charities and organisations, and has campaigned on issues such as climate change, third world debt and human rights to name but a few.



2 Freecycle

This grassroots non-profit organisation must be rewarded for its dedication to recycling. Free cycle groups match people who have things they want to get rid of with people who can use them, keeping usable items out of landfills. Its mission is to build a worldwide gifting movement that reduces waste, saves precious resources and eases the landfill burden.



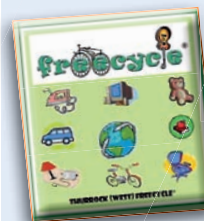
3 Tree-nation

Tree-nation is an online community dedicated to preventing desertification in one of the poorest countries in the world, Niger, Africa. It aims to plant eight million trees in a large scale park which will change the landscape and local community forever, hopefully inspiring communities to take on environmental challenges themselves.



The Green Award

Any company, product, or organisation actively helping the environment – including ethical and fair trade products.



1 Freecycle

Offering up an almost utopian environment for fair exchange and waste-free consumption we are thrilled to announce this organisation as the clear winners. All over the world goods and services are exchanging hands, saving on landfill and energy consumption and restoring the individuals' self-worth by investing in their skill sets.



2 Green Mobile

Meeting the need to address the impact that mobile phones have on the environment, it provides three green services – the green mobile, landline and broadband. Green mobile gives 6% of its turnover to charity and has raised thousands of pounds for its partners, the Woodland Trust, Friends of the Earth and the Environmental investigation agency.



3 Rapanui

This company must be recognised for using fashion as a way to incorporate green issues and bring positive change. It uses 'green' factories fuelled by either wind turbines or solar panels, and has reduced its carbon emissions by over 95%. In addition it donated 5% of the profits last year to environmental charities and their Green School Talks foundation.